# Elevating and innovating occupational health solutions

Customised integrated health and safety packages and programmes.





## Why choose Occu|Fit?

Occu|Fit is able to offer a range of services, keeping with the applicable legislation, in order to produce fully integrated solutions, which are already in place within various organisations.



**Legal compliance** with complex legislation.



Consistently excellent primary and occupational healthcare services countrywide.



All services delivered according to the highest ethical and professional standards.



Cost-effective service delivery.



Tailored and customised service offerings.



Expertise in the specialised fields of HIV & AIDS, wellness, health education, and occupational health.



**Cutting-edge** electronic data management platform.



Real time analytical reporting.

#### Operational and logistic footprint



## Occupational health:

## A business imperative

Complying with occupational health laws is a business imperative. We work closely with our clients to ensure their compliance with the Occupational Health and Safety Act, Mine Health and Safety Act, and all other applicable legislation. Through our tangible medical, technical, and legal expertise, we're able to improve your company's working environment, while at the same time promoting the health and welfare of your employees.



If you think about it, workplace accidents, injuries, and medical health costs end up costing productivity, efficiency, time, legal proceedings, insurance premium hikes, skills, and much more. Therefore health and safety management is essential for all businesses no matter how big or in which sector they operate.

By keeping employees safe and healthy, businesses comply with the Occupational Health and Safety Act, reduce their workers' medical expenses, reduce return-to-work payouts, and decrease the costs for job accommodations for those employees who are injured and with medical illnesses. They also improve the efficiency and productivity of the entire business, which in turn leads to business success.

Occu|Fit is one of the country's leading wellness service providers and currently deploys a range of innovative occupational health and wellness services to clients in the corporate, parastatal, and government sectors. These services are offered through a variety of roll-out methodologies including onsite locations, mobile facilities, and consultancy.

Occu|Fit aligns all services with the applicable legislation, to ensure a seamlessly integrated solution. Our systems and protocols are well-established within many organisations. They are managed by teams of well-trained personnel that are highly effective in ensuring that occupational health services are implemented in an efficient, responsible, cost effective, and professional manner.

#### Health and safety compliance in 5 easy steps





the environment.







of logical safety and with all organisational health programmes. legal requirements.



## Why is Occu|Fit uniquely different to other occupational health programmes?

Our services are integrated, customised, and aligned with your company's broader wellness strategy.

## MOBILE OCCUPATIONAL HEALTH CLINICS

No matter where your employees are based, we will come to you with fully equipped mobile units to conduct occupational health medical examinations and issue fitness for work certificates.





#### HEALTH AND SAFETY RISK AUDITS

We perform health risk audits, hazard identification, and safety risk audits. A report is provided, addressing the most pressing needs for the organisation and as a guide for improvement.



We offer a comprehensive array of hygiene audits to evaluate the health and safety of your environment. Audits can include focal areas such as potential hazardous chemical substances, noise, ventilation, and lighting.



#### OCCUPATIONAL HEALTH PROGRAMMES

We have a national network of qualified nurses and specialists available and can customise an integrated occupational health solution to suit your company's existing programmes or to establish new programmes.

#### PRIMARY HEALTHCARE

We provide diagnosis and treatment, including the supply of medication for the immediate treatment of minor ailments and illnesses occurring at work. If needed, referral to an appropriate service provider will be made.



#### LEGAL COMPLIANCE

The legislation governing occupational health compels corporate entities to institute processes to mitigate the risk posed to employees. We align all our services with the applicable legislation.

### CHRONIC DISEASE MANAGEMENT

Employees who suffer from chronic diseases are monitored in relation to lifestyle management, job specification, health risk exposure, and safety practices.



### ANALYTICS AND INSIGHTS

Occu|Fit has developed a powerful clinic data capturing, reporting, and analytics platform. Our services include in-depth risk analyses, real time analytics, general and specific reports, and raw data management.

### ONSITE CLINIC MANAGEMENT

This includes staffing, stocking, dispensing, recording, and maintenance of records according to standards of appropriate legislation, plus calibration and maintenance of all medical equipment.



## MEDICAL SURVEILLANCE PROGRAMMES

We conduct pre-placement, periodical/annual medicals, driver, termination of service, transfer, and exit medical assessments.



## Our occupational health services

There are many standard packages to choose from. Importantly, should specific outcomes or considerations be a priority, the programme can be altered to suit your needs and your wellness strategy.

- **1** Full occupational health medical with or without wellness screening
- 2 Occupational health and safety training
- Occupational health and safety management systems
- SHEQ risk audits, compliance, and implementation specialists
- 5 Pathology testing

- 6 Job-specific tests
- 7 Biological monitoring
- 8 X-rays
- 9 Vaccines
- 10 Hygiene measurements

- 11 Safety consulting
- 12 First aid training
- 13 Fitness certificates
- 14 Audits
- 15 Height medicals

## Business intelligence = quality data capturing

## + comprehensive reporting services

Occu|Fit has the ability to transform the extensive data sets gathered at onsite clinics into meaningful information regarding employee health. Through a combination of innovative data acquisition technology, on-the-ground feedback and in-depth analytical experience, we are able to demonstrate that corporate wellness really is inseparable from an organisation's overall business strategy.



#### INNOVATIVE ELECTRONIC DATA CAPTURING

Occu|Fit makes use of fully customisable data collection and analysis technology for guaranteed accuracy.



#### ON-THE-GROUND FEEDBACK

Constant contact with all deployed doctors and nurses ensures each client's unique issues and needs can be attended to immediately.



#### CUSTOMISED REPORTING SERVICES

Our full bouquet of reporting services offers real time access to in-depth insight on company health profiles.



#### UNSURPASSED BUSINESS INTELLIGENCE

Through accurate data collection and quality reporting, our clients are provided full confidence in the steps they take to optimise employee health.

#### Your company deserves the best - choose the industry leader.

Choose Occu|Fit.





#### www.healthinsite.net

First Floor - Moorgate Building - Dunkeld Office Park 6 North Road - Dunkeld West - Johannesburg - 2196

Tel: 0861 066 666 - Email: info@occufit.co.za